



## BS3 Community Nurseries made changes to help support their children's interactions outdoors using the Outdoor Play & Learning Reflective Framework

We created an established area in The Southville Centre garden for our 'Nursery Allotment' and the children enjoyed being involved in planting, caring for and harvesting the fruits and vegetables, exploring them and learning about them in the process. Our children took on the responsibility to help practitioners, which provided them with a sense of pride and ownership.



Due to the large scale of the allotment, children were able to walk through this space and become immersed in the sights and smells of what was growing around them. As well as increasing their understanding of the world around them, it can encourage children to taste new flavours.

At our other nursery, The Chessel Centre, we mirrored this but on a smaller scale that was more suited to the space available to us. We

used the low-level, long planters to plant and grow some fruits and vegetables with the children. We harvested fruits and vegetables, which we used for snack times and sensory /messy play. The children were also involved in the entire process, from filling the planters with soil, through to harvesting the produce and preparing them for use.



Posters were placed around the space ready to capture the child's voice.

**Using a Bristol Standard Outdoor Reflective Framework question like the one below could help you begin your reflective, quality improvement journey...**

*How do we support children to interact with the natural environment?*

Chapter; Supporting Interactions Outdoors